

Parkside Guest House

Access statement

Welcome to Parkside Guest House!

This access statement does not contain personal opinions as to our suitability for those with disabilities or limited mobility, but aims to accurately describe the facilities that we offer all our guests.

1. Introduction

Situated in the historic and cosmopolitan capital city of Edinburgh, Parkside Guest House is the perfect place to stay whether you are visiting for leisure or business.

We offer five bedrooms, two of which are on the ground floor with ensuite wet shower rooms. The house is over 100 years old and has been recently refurbished.

Whilst we aim to meet the needs of all our guests, there are some period features of the house which may make access to the first floor difficult for people with limited mobility.

We look forward to welcoming you. If you have any queries or require any assistance please contact us on:



0131 346 9044



parksidebooking@leonardcheshire.org

This statement is available in larger print on request.

2. Arriving at the Guest House

You can plan your journey by car or public transport using www.transportdirect.info. Enter your postcode and ours, which is EH5 3NL, to get directions.

Arriving by train

The nearest railway station is Waverly, which is 2.3miles/3.7km away and around a 15-20 minute taxi journey.

Arriving by taxi

Taxis are available at the station. If you require an accessible taxi this can be booked in advance. Please see the 'contact information' section at the end of the guide for details.

Arriving by bus

The nearest bus stop coming from the city centre is diagonally opposite the Guest House. Ask the driver for the stop at Wardie

Crescent. There is no bus shelter or seating. All Edinburgh buses can accommodate one wheelchair.

Car parking

There are two parking spaces in the driveway, immediately in front of the house. On-street parking is free and spaces are usually available. There is street lighting on both sides of the street and the driveway has a tarmac surface.

Street accessibility

The Guest House is situated on a wide street with no incline. The pavements on either side of the road are tarmac and have a lowered kerb. There is a pedestrian bay in the middle of the road to aid with crossing to and from the Guest House and the bus stop.

Accessing the Guest House

A concrete path leads from the public footpath to the front door and also across the front of the house to the rear garden. The front of the property is well lit at night by a sensor light.

There are no steps to the front door. The outer front door is 1.13m/44.5in wide. The inner front door is 0.92m/36in wide.

Assistance can be given with luggage.

3. Getting around during your stay

The bus stop into the city centre is 50m/55yd up from the Guest House. Bus service numbers 8 and 14 come past the Guest House; they run every 15 minutes, Monday – Saturday, and every 30 minutes on a Sunday.

Accessible taxis are also available locally. Please see the ‘contact information’ section at the end of this guide.

4. Guest House accessibility

At the beginning of your stay with us, you will be shown the locations of the lounge, dining room and your bedroom.

Entrance hall

You will be welcomed in the hallway, which is level throughout. The flooring is short pile carpet and the area is evenly and well lit, with overhead lighting and wall lights. Each door frame contrasts in colour with the surrounding wall.

Rooms 1 and 2 - ground floor

There are two single bedrooms on the ground floor with step-free, level access from the front door and hallway.

Both bedrooms have:

- door openings that are 0.84m/33in wide
- slow-release door openers
- bright and even lighting, with overhead lights controlled by rocker



switch

- electric profiling beds with pressure mattresses
- ceiling hoists tracking from the bed areas into the ensuite wet shower rooms
- wheelchair accessible dressing table/desks
- additional power sockets in the bed area for use with communication aids connected to the staff call system, and with assistive technology
- good colour contrast between the floors, walls and doors
- short pile carpet
- non-feather bedding
- digital flat screen televisions/DVDs with remote control, subtitles and audio description facilities
- touch-sensitive bedside lamps
- an additional reading lamp (on request)
- an alarm clock with flashing light (on request)
- a vibrating pillow pad (on request)

Both ensuite wet shower rooms have:

- doors which open into the bathroom, with openings that are of 0.84m/33in wide
- emergency pull cords linked to the staff call system
- toilets which are 0.45m/17.5in high
- a toilet seat raiser (if required)
- a shower chair (if required)
- wash basins which are 0.75m/29.5in high
- lever taps on the hand basins
- grab rails - horizontal and vertical - around the shower area
- grab rails - horizontal and vertical - either side of the toilet
- good light levels with overhead lighting and LED lights around the wall mirrors
- good colour contrast between the doors, floors, walls and towels; orange towels with cream walls

Guest lounge

Our cosy lounge for guests has:

- step-free, level entry from the front door and hallway, with a door opening that is 0.88m/34.5in wide
- a three-seater sofa and two armchairs
- a low coffee table
- a door to the kitchen, with an opening that is 0.88m/34.5in wide
- natural daylight and overhead lighting, as well as table lamps
- short pile carpet
- a widescreen digital television with remote control and subtitle facility

Dining room

The dining room is situated on the ground floor and has:

- step-free, level entry from the front door, and is level throughout
- a door from the hallway with an opening that is 0.82m/32in wide
- good natural daylight and wall lighting
- non-slip vinyl flooring
- crockery that is colour contrasted with the table where possible

Public toilet

There is a small unisex toilet on the ground floor, with has:

- a hand basin with lever taps, situated off the dining room
- a door opening of 0.77m/30in wide
- level entry
- a toilet which is 0.45m/17.5in high, with no space to the side of the toilet
- one vertical rail beside the basin
- a single fluorescent overhead light, making the room well lit

Stairs

- First floor rooms are accessed by means of stairs, with a first flight of thirteen steps and a second flight of six steps.
- Each stair is 1m/39in wide, 0.30m/11.5in deep and 0.17m/6.5in high.
- There is a hand rail to your left side as you climb the stairs.
- The stairs and landing are well lit by ceiling and wall lights.
- The stair carpet is short pile.

Rooms 3, 4 and 5 - first floor

On the first floor there are three bedrooms:

- room 3 – double/twin room
- room 4 – our family room with a double/twin and a double bed settee
- room 5 – double room

All three bedrooms have:

- doors with openings that are 0.81m/32in wide
- divan-style beds
- deep quilted mattresses
- a distance between the top of the mattress to the floor that measures 0.64m/25in
- bright and even overhead lighting
- touch-sensitive bedside lamps
- additional reading lamps (upon request)
- good colour contrast between the floors, walls and doors
- short pile carpet
- non-feather bedding
- digital flat screen televisions/DVDs with remote control, subtitles and audio description facilities
- furniture that can be easily rearranged

Room 4 has an ensuite bathroom with:

- a door opening that is 0.785m/31in wide
- a step of 0.17m/6.5in high inside the bathroom, from the toilet area up to the bath and wash basin
- a toilet that is 0.45m/17.5in high
- a wash basin that is 0.75m/29.5in high
- lever taps on the wash basin and bath
- a bath with a non-slip bath mat and overhead shower
- overhead lighting and LED lights around the wall mirror, making it

well lit

- good colour contrast between the door, floor, walls and towels; yellow towels and pale green walls
- non-slip vinyl flooring

The shared bathroom for rooms 3 and 5 has :

- a door opening that is 0.8m/31.5in wide
- a toilet that is 0.45m/17.5in high
- a wash basin that is 0.75m/29.5in high
- lever taps on the wash basin and bath
- a bath with non-slip bath mat and overhead shower
- overhead lighting and LED lights around the mirror, making the room well lit
- good colour contrast between the door, floor, walls and towels; yellow towels and cream and pale gray walls
- non-slip vinyl flooring

Front garden

- The front garden consists of a small lawn and flower beds.
- There is a level concrete path, 0.152m/60in wide, leading from the front door across to the secure rear garden gate.
- The garden gate is 1.4m/55in wide.

Rear garden

- From the gate, there is a level concrete area at the top of the ramped access down into the rear garden. The ramp is continuous and is 1.3m/51in wide.
- There is a paved patio area with a small lawn, raised flower beds and an apple tree. Tables and chairs are available.
- There is a designated sand bin for smokers.

5. Dining

We are able to cater for various dietary requirements. Please advise us of any requirements when making a booking.

Breakfast is served but you can help yourself to fruit juices, cereals and fruit.

6. Accessible attractions and amenities

We can offer a directory of nearby attractions and suggested places to eat with details of their access statements, where available.

7. Care

At Parkside

Leonard Cheshire Disability has over 65 years experience in providing support. We offer people with disabilities customised care, delivered by our fully-trained, specialist team.

This includes a staff call pager system, which is compatible with all Sensalert assistive technology products. The system operates throughout the house and garden.

All of our team have completed mandatory, specialist training in the following areas:

- moving and handling
- first aid, including choking
- basic food hygiene
- disability equality
- infection control
- fire awareness
- customer service
- management of medication
- adult support and protection
- safeguarding and child protection
- nutrition and diet
- Diabetes
- Epilepsy

We also have a set of fire evacuation procedures and someone will come to your room and assist you with evacuation, should you require.

Outside Parkside

- The nearest doctor's surgery is the Long House Surgery, 73 East Trinity Road, Edinburgh EH5 3EL, which is 0.8miles/1.29km away.



0131 552 7970



www.longhousesurgery.scot.nhs.uk

- The nearest general hospital with a minor injuries clinic is 1.7miles/2.7km away – the Western General Hospital, Crewe Road North.
- The nearest general hospital with an Accident and Emergency Unit and walk-in NHS service is 6miles/9.7km away – Edinburgh Royal Infirmary, Little France.

8. Useful local contacts

Equipment hire

Shopmobility, 18 Tennant St, Edinburgh, EH6 5ND



0131 557 4123

Open: 10.00am – 4.00pm, Mon - Sun

Local accessible taxis

City Cabs



0131 228 1211



www.citycabs.co.uk

Local Public Transport

- Waverley Station



www.networkrail.co.uk/edinburgh-waverley-station

- Lothian Buses  www.lothianbuses.com

Contact us

For further information about Parkside and to book your stay with us, please contact:



0131 346 9044



parksidebooking@leonardcheshire.org



www.leonardcheshire.org



Parkside Guest House

161 Granton Road, Edinburgh, EH5 3NL

Leonard Cheshire Disability is a registered charity no: 218186 (England & Wales) and no: SC005117 (Scotland), and a company limited by guarantee registered in England no: 552847.
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**Leonard
Cheshire
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